

ABSTRACT

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This research was conducted at PT Perkebunan Nusantara VII where the company is engaged in agribusiness which consists of 4 (four) commodities, namely rubber, sugar cane, palm oil and tea. This study aims to determine the effect of Work From Home and Work Life Balance on the Performance of Female Employees of PT Perkebunan Nusantara VII. This type of research is quantitative with the associative method. The data source of this research uses primary data. This research data collection using a questionnaire. The population in this study amounted to 45 employees of PT Perkebunan Nusantara VII. The method used in determining the sample of this research is purposive sampling. The tool used to analyze this research is to use multiple linear regression and hypothesis testing using the t test and f test. The results of the t-test research show that Work From Home has an effect on the performance of female employees and Work Life Balance has no effect on the performance of female employees. The results of the f-test research show that Work From Home and Work Life Balance affect the performance of female employees of PT Perkebunan Nusantara VII.

Keywords: Work From Home, Work Life Balance and Female Employee Performance